Purpose and Content
The 26th Annual Pelham P. Staples, Jr., M.D., Educational Symposium is designed to provide an educational opportunity promoting continued professional development. The symposium will give current information covering a variety of timely topics spanning the breadth of obstetrics and gynecologic practice. These topics will be presented by a group of nationally recognized experts in their fields whose research and expertise are on the cutting edge of the topics being presented. Symposium lectures will alert participants to the current diagnosis and treatment of many of the problems they face in their practices, and will better equip them to treat the problems or seek assistance from specialists.

Symposium Objectives
At the conclusion of this activity, participants should be able to:
• Identify at least 10 current trends in women’s health care;
• Identify at least 3 strategies to prepare providers for the new health care system;
• Evaluate common gynecological complaints for management options; and
• Describe 3 principles of managing patients during high risk pregnancy.

Register online at http://ce.unthsc.edu/
26TH ANNUAL PELHAM P. STAPLES, JR., MD EDUCATIONAL SYMPOSIUM

WOMEN’S HEALTH CARE: NEW TRENDS AND CONTROVERSIES

October 16, 17 & 18, 2014

Tuition
The tuition is $535.00 for practicing physicians and $335.00 for physician assistants, nurse practitioners, nurses and other allied health professionals. Tuition includes access to materials online (prior to and during the symposium), continental breakfasts, refreshment breaks and lunches.

Target Audience
This symposium is designed to provide practical diagnostic and management information covering areas in women’s health care to physicians in obstetrics and gynecology, physician assistants, nurse practitioners, registered nurses and other interested allied health professionals.

Lodging Information
Registrants are required to make their own lodging arrangements. A block of rooms has been reserved at the Sheraton Arlington Hotel for symposium attendees at a special guest rate of $139.00 single or double, plus tax. To make reservations, please telephone the reservations department at (800) 325-3535 and identify yourself as attending the “Pelham P. Staples Symposium”. Reservations received after September 24, 2014 will be accepted only on a space available basis, at the prevailing rate.

Timely and inexpensive airport transportation is available to and from the hotel by SuperShuttle. Service is available from DFW/International Airport 24 hours a day. Please call SuperShuttle at (817) 329-2000 to schedule services or for further information.

Physician Accreditation Statements
The University of North Texas Health Science Center at Fort Worth Office of Professional and Continuing Education is accredited by the American Osteopathic Association to award continuing medical education to physicians.

The University of North Texas Health Science Center at Fort Worth Office of Professional and Continuing Education is accredited by the American Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Physician Credit Designation
The University of North Texas Health Science Center has requested that the AOA Council on Continuing Medical Education approve this program for 21 hours of AOA Category 1A CME credits. Approval is currently pending.

The University of North Texas Health Science Center at Fort Worth designates this live activity for a maximum of 21 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Ethics and Professional Responsibility
The University of North Texas Health Science Center at Fort Worth Office of Professional and Continuing Education has determined that this CME activity satisfies the Texas Medical Board’s standard, annual ethics/professional responsibility requirement.

Physician Assistants
The National Commission on Certification of Physician Assistants (NCCPA) states that the AMA PRA Category 1 Credits™ are acceptable for continuing medical education requirements for recertification.

Nurse Practitioners and Registered Nurses
For the purpose of recertification, the American Nurses Credentialing Center accepts AMA PRA Category 1 Credit™ issued by organizations accredited by the ACCME. Please check your individual state licensing boards for re-licensing reciprocity.

Nursing Information
UNT Health Science Center is approved by the California Board of Registered Nursing, Provider #16274, for 25.2 Contact Hours.

This conference is designed to provide information covering a variety of timely topics spanning the breadth of obstetrics and gynecologic practice. These topics will be presented by a group of nationally recognized experts in their fields whose research and expertise are on the cutting edge of the topics being presented. The goal of the Symposium is to enable providers to apply current diagnosis, treatment and management strategies to many of the problems they face in their practices, and contribute to quality healthcare by being more competent to quickly and accurately address the problems or seek assistance from specialists.

To receive a certificate of completion, complete and return the credit request form indicating which presentations were fully attended and the corresponding evaluation forms. CNE credits will be awarded based on the credit claimed by participants and verified by conference monitors.

Physician Assistants
The National Commission on Certification of Physician Assistants (NCCPA) states that the AMA PRA Category 1 Credits™ are acceptable for continuing medical education requirements for recertification.
Thursday, October 16, 2014

7:30 – 8:00 am  Continental Breakfast and Registration
8:00 – 8:45 am  The Impact of Health Care Reform on Women's Health Care Providers – Ralph Anderson, MD
Discuss what women's health care providers need to understand about health care reform.

8:45 – 9:15 am  CHOOSING WISELY: An Initiative of the American Board of Internal Medicine (ABIM) – Ralph Anderson, MD
Choosing Wisely aims to promote conversations between providers and patients by helping patients choose care that is supported by evidence; not duplicative of other tests or procedures already received; free from harm and truly necessary.

9:15 – 10:00 am  Exercise Physiology Through the Female Life Cycle – Michael D. Shaffer, DO
Identify the caloric needs of females through the critical stages of development; Discuss the risks of exercise and competitive sports at various stages of the female life cycle; and Identifying and overcoming the barriers to building a healthy female body through the aging process.

10:00 – 10:15 am  Break

10:15 – 11:00 am  How about Contraception: Old Friends, New Trends – Barry E. Schwartz, MD
Discuss the Long Acting Reversible Contraception (LARC) methods including hormonal implants, intrauterine contraceptives, and hormonal injections; Discuss mechanism of action of emergency contraception; and Discuss the issue of body weight in relation to hormonal contraceptive efficacy.

11:00 – 12:00 pm  The Non–Contraceptive Benefits of Current Contraceptive Therapies – Kellie Flood-Shaffer, MD
Discuss the non-contraceptive uses of IUDs, implants and other forms of contraception; Identify management options to treat common side effects/ complications of contraceptives; and Define the use of implants/IUDs in adolescents, nulliparous females & nontraditional populations.

12:00 – 1:00 pm  Lunch (Provided)

1:00 – 2:00 pm  Update on the Hurried Woman Syndrome – Brent Bost, MD
Identify and diagnose major and minor depressive illness in women; Explain treatment options to their patients and guide patients to more effective therapies; and Discuss how to assist patients with recognizing and preventing depressive illnesses in themselves and those around them.

2:00 – 3:00 pm  Stem Cell/Cord Blood Banking – Brent Bost, MD
Identify the different types and sources for stem cells in medicine; Discuss some of the dilemmas in the use of stem cell therapies; and Demonstrate how to counsel patients on the pros and cons of stem cell preservation.

3:00 – 3:15 pm  Break

3:15 – 5:30 pm  CHOOSING WISELY: Gynecology & Gynecology Oncology – Things Providers and Patients Should Question (Evidence Based Identification of Tests, Procedures and Philosophies for Gynecology and Gynecologic Oncology Patients) – Ralph Anderson, MD, Gennady Miroshnichenko, MD, Kathleen Crowley, MD, Tim Kremer, MD, Frank DeLeon, MD
Identify the screening guidelines for cancer of the cervix; Discuss the morcellation debate – What You Need to Know; Define Prophylactic salpingectomy - the future of ovarian cancer prevention; and Review guidelines for identification and management for women at risk for breast and ovarian cancer.

5:30 – 5:45 pm  Final Questions – Course Evaluation for Day 1

Friday, October 17, 2014

7:30 – 8:00 am  Continental Breakfast and Registration

8:00 – 9:00 am  The Cesarean Section– Recommendations in Reducing Maternal and Fetal Risks – David Rindfusz, MD
Discuss the factors affecting the increasing rate of Cesarean Section; Identify both immediate and long-term Maternal and Fetal risks of Cesarean Section; and Determine and adopt strategies that can safely reduce rates of CS births.

9:00 – 10:00 am  Perinatal Care at the Limits of Viability – Michelle Owens, MD
Demonstrate how preterm infants born at the limits of viability require a multidisciplinary approach by an experienced perinatal team; Discuss the importance of a continuing dialogue with all parties involved (physicians, midwives, nursing, parents); Identify the importance of transferring all pregnant women with threatening preterm delivery or premature rupture of the membranes at the time of viability to a perinatal center with a level 3 neonatal intensive care unit no later than 23 0/7 weeks of gestation, unless emergency delivery is imminent; and Describe the importance of supportive care.

10:00 – 10:15 am  Break

10:15 – 11:15 am  Hypertension in Pregnancy – April Bleich, MD
Define the types of hypertension in pregnancy (Chronic Hypertension, Gestational Hypertension, Preeclampsia, Super Imposed Preeclampsia); Review diagnosis of each of the above conditions; and Discuss the recommended management for hypertension in pregnancy including timing of delivery.

11:15 – 12:15 pm  Dr. Elwyn Grimes Memorial Lecture: Diagnosis and Management of Intrauterine Growth Restriction (IUGR) – Michelle Owens, MD
Review the definition of intrauterine growth retardation; Describe the conditions associated with IUGR; and Understand the evidence based diagnostic methods and treatments of IUGR and the outcomes for infants.

12:15 – 1:15 pm  Lunch

1:15 – 5:00 pm  CHOOSING WISELY: Obstetrics / Maternal Fetal Medicine – Things Providers and Patients Should Question (Evidence-based identification of tests, procedures and philosophies for patients with obstetrical and perinatal problems) – David Rindfusz, MD, Michelle Owens, MD, Kathleen Crowley, MD, Kollier Hinkle, MD, April Bleich, MD
Discuss the risk, benefits and alternative options for induction of labor (Before 39 weeks and 39 – 41 weeks); Identify non-invasive prenatal testing; Discuss the use of baby aspirin in pregnancy (prevention of deep venous thrombosis); Interpret evidence based tools for prediction, prevention and management of women at risk for preterm birth, prior problem birth or short cervix in a current pregnancy; Explain the use of cerclage; Discuss 17P Alpha Hydroxyprogesterone and Vaginal Progesterone for Premature Prevention; Discuss tocolysis; Discuss the new era in anticoagulant therapy; and Evidence Based Management Plan for Obese Women (labor and delivery).

5:00 – 5:15 pm  Final Questions – Course Evaluation for Day 2

Saturday, October 18, 2014

8:00 – 8:30 am  Continental Breakfast and Registration

8:30 – 9:30 am  Adolescent Gynecology: Evaluation and Management – Shanna Combs, MD
Discuss Polycystic Ovary Syndrome, Endometriosis and Pelvic Mass.

9:30 – 10:00 am  What's Up Down There? A Review of Vulvar Dystrophies – Kellie Flood-Shaffer, MD
Review and discuss categories of vulvar dystrophies; Discuss and report the clinical and microscopic features of vulvar dystrophies necessary for adequate diagnosis; and Identify therapeutic regimens in vulvar dystrophies for practical clinical use.

10:30 – 10:45 am  Break

10:45 – 1:00 pm  CHOOSING WISELY: Reproductive Endocrinology – Things Providers and Patients Should Question (Evidence Based Identification of Tests, Procedures and Philosophies for Patients with Reproductive Endocrinology Problems) – Frank DeLeon, MD, Anna Nackley, MD, Robert Kaufmann, MD
Discuss IVF vs. Tubal Surgery for infertility Due to Tubal Damage; and Identify the Investigation of Infertility (use of Laparoscopy, Postcoital Testing, Sperm Function Testing, Thrombophilia Testing and Immunologic Testing).

1:00 – 1:15 pm  Final Questions and Course Evaluation

1:15 pm  Adjourn
Course Director
Ralph J. Anderson, MD, FACOG, FRCS(C)
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Professor and Chairman, Department of Obstetrics and Gynecology,
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Associate Professor, Vice-Chair of Obstetrics and Gynecology
University of Mississippi Medical Center, Jackson, Mississippi

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Michael D. Shaffer, DO
Board Certified by the American Board of Family Medicine
Private Practice, Lebanon, Ohio

Symposium Registration
26th Annual Pelham P. Staples, Jr., MD Educational Symposium
Women's Health Care: New Trends and Controversies
Thursday, Friday, Saturday – October 16, 17 & 18, 2014

___ $355.00 Physicians
___ $335.00 PA, NP, Nurses and Other Allied Health Professionals

Register online: http://ce.unthsc.edu/

Make Check Payable: UNT Foundation – OB/GYN

Mail to: UNTHSC, Department of OB/GYN, ATTENTION: Leah Zimmerman
855 Montgomery Street, PCC, 6th Floor, Fort Worth, Texas 76107
Phone: (817) 735-2198, FAX: (817) 735-0108
Email: leah.zimmerman@unthsc.edu

Name (please print clearly):

Title (MD, NP, PA, CNM, etc.):

Address:

City: State: Zip:

Day Phone:

Fax:

Email Address:

AOA No. (if applicable):

LAST FOUR DIGITS ONLY of Social Security No. (required for CME Credit):

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Card No. Exp. Date:

Total Dollar Amount Charged on Credit Card: 

Signature: Date:

Fax: 817-735-0108 Phone: 817-735-2198
Online: http://ce.unthsc.edu/

Insufficient Funds/Cancellation Policy: All registrations received up to 10 business days before the conference will be acknowledged in writing or via e-mail. An administrative fee of $25 will be deducted from cancellations made by registrants through September 30, 2014. After this date, no refunds will be granted. The University of North Texas Health Science Center at Fort Worth reserves the right to limit registration and, if necessary, cancel this conference up to two weeks before the starting date without liability. The agenda may be modified at any time without notice. No-shows are not eligible for a refund and all pre-registered, unpaid no-shows will be billed the full conference tuition.

Special Needs: In accordance with the Americans with Disabilities Act, every effort has been made to make this conference accessible to people of all capabilities. Please notify UNTHSCPACE in writing of any ADA complaint, accommodations or dietary restrictions you may require. UNTHSCPACE, 3500 Camp Bowie Blvd., Fort Worth, TX 76107 or FAX to: 817-735-2598.

Online: http://ce.unthsc.edu/